

Balance 180's Rockin' Summer



BALANCE 180 GYMNASTICS SUMMER CAMP 2025

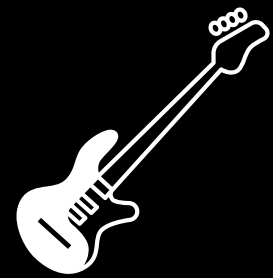
Week 1: July 14th - 18th

Week 2: July 21st - 25th

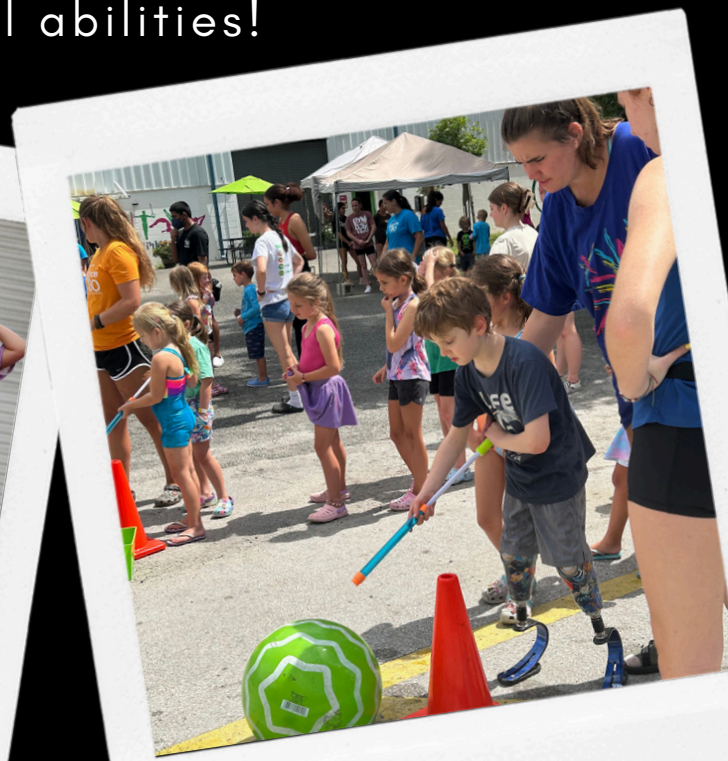
Week 3: July 28th - Aug 1st



A Rockin' Summer!



Join us this summer for fun, flips, and fitness! Practice your handstands, cartwheels, round-offs, and handsprings with the guidance of our experienced instructors. Participate in our gymnastics obstacle courses, fitness challenges, and fast-paced games that keep everyone moving and having a blast. No prior gymnastics experience necessary. We welcome children of all abilities!



Create Lasting Memories with Balance 180



We will also have fitness challenges, supervised open gym, snack time, outdoor activities, gymnastics and so much more!

What goes on at Balance 180 Summer Camp?



GAMES



SPECIAL GUEST



DANCING



FUN FRIDAYS



GYMNASTICS

*Sign up
now!*



Join the Fun!

We are going strong with summer camp activities from 8:30am-3:30pm. Below is a sample schedule of how we spend our time together.

Good morning, campers!

Arrival and pre-camp quiet activities
Gymnastics
Fun in the sun outside activities
Crafts & Games
Snack time
Special guest
Game

Onward to the afternoon...

Lunch...time to refuel!
Dance
Gymnastics
Open gym
Camp leaders

Close out...see you back tomorrow!





REGISTRATION RATES

Please see below for a breakdown of our summer camp rates:

Weekly Rate

\$275/week for first child
10% discount for siblings

Registration (non-members)

1st child	\$35
2nd Child	\$30
Family of 3+	\$15

Early Drop Off

\$8 per child per day

Transition to class

\$8 per child per day

SPECIAL NOTES

- Camp is open to children ages 4+.
- All campers will receive a Balance 180 summer camp t-shirt during their first week of camp.
- Balance 180 provides a snack and drink to all campers.
- We ask that you pack a lunch that does not require refrigeration.
- Campers should be potty trained.

EARLY DROP OFF

Early drop off hours will be available for an additional \$8 per day per camper. Early drop off begins at 7:30am. Great for parents who need to drop off their kids on their way to work!

JOIN US FOR A

Rocking Summer!

Come for one week or all three!

Our summer camp is an inclusive program for both typically developing children and children with special needs. Campers receive gymnastics instruction and have the opportunity to learn dances, make crafts, play games, enjoy special guest visits, and do team building activities with their peers.

Summer Camp Themes:



Week 1: Rock n' Roll



Week 2: Grease



Week 3: Neon Disco

